

PROFOUND ADORATIONS

Profound Adorations and A Thousand Thousand Prostrations at The Lotus Feet of Parampujya Gurudev Swami Jyotirmayananda Bhagavan!!!

On the Most Sacred Occasion of Your Divine 90th Janmamahotsav, A Day Inscribed in Golden Letters in the Eternal Firmament of the Spirit, I offer my Deepest and Most Loving Gratitude for Your coming into my life, and pray ardently that God Bless You with A Healthy and Long Long Life to balance the world with Your Love, and to guide countless more beings toward *Moksha*!!

It seems only yesterday that I was at the sacred Ashram celebrating Your Divine Janmamahotsav...the year since has flown by in a flash! We have been in a lockdown, we have not been able to come to the Ashram and be in Your Most Sacred Presence receiving the Grace of Your “*Kumkum Blessing*.”

But miraculously, You have come closer to me here...the “*Ka-runamayaras virus*” has given an unimaginable opportunity to lock down myself and intensify *Satsanga*, *Manana*, *Svadyaya*, *Japa*...

This is how my Gurudev J-Y-O-T-I-R-M-A-Y-A ANANDA has come to me here:

J – Joyous: I feel more joyous deep within than ever before. The art of positive thinking and feeling that you teach keeps me alert to my mind, I try always to make the positive win—I feel a Joyous strength.

Y – Your Life: Your Glorious Life is the best way to understand Your teachings, so I always refer to what I have come to know of Your Life to get insight, understanding and inspiration.

O – Observe: You teach us to observe this creation in every form and shape and see God’s Glory everywhere. I try to be a Loving Observer, not a judge.



T – Teachings: Knowledge flows like the Sacred and Loving Ganga in Your daily *Satsangas*—I bathe in the sacred waters of your Teachings every day.

I – Integrate: Your *gada parin-yaya* is to Integrate the personality with the practice of Integral Yoga—slowly I understand what that is, what it does, and what it means to be an integrated personality on the God-ward path.

R – Repeat God’s Name, Japa: You said in one lecture, “*Ram Naam ki loot hai, loot sake tho loot*”—I try to hold fast to God’s Name and with Your Divine Grace I have seen challenges disappear and strength come through practice of *Japa*.

M – Manana: I constantly chew the cud of Your teachings...from time to time come some flashes of understanding and I try to hold on to them as they tend to slip away, if I do not secure them with *Swadhyaya* and meditation.

A – Aha! : I have had many “Aha!” moments as I follow Your advice to “Wait Watch and Wonder”—surrender works. Miraculously Your Grace resolves every challenge.

Y – Yoga Exercises for Relaxation: I have taken away “Relax” as being Your core advice, in general. For my constant challenge of back pain, it is Swamiji’s Relaxation exercises that work like no other.

ARLAND OF

on the celebration of Gurudev's 90th birthday

A – Aho Bhagya!!: Am I lucky or what...to have the Unimaginable Fortune of finding a Glorious Guru like Pujya Swamiji...*Aho Bhagya!! Dhanyosmi Bhagavan!!!*

J Y O T I R M A Y A ANANDA
KI JAY! JAY! JAY!!!

GLORY to the BLISS of J Y O T I R M A Y A !!!

VICTORY to The LIGHT OF THE WORLD Bhagavan Jyotirmayananda !!!

Sheela
Ridgeland, Mississippi

YOUR PURE SPIRITUAL LIGHT

Shri Gurudevji, Pranam.

Swamiji is a living Master who is no other than ABSOLUTE. He is beyond the Consciousness, Pure Consciousness and Soul. He is the pure spiritual light for all of us.

Whenever I was in his presence, all questions just evaporated and rendered my mind blank yet full of joy and bliss. Such is spiritual presence. Once when I was at the Ashram in ‘80’s, he told me that he wasn’t the only Guru for me but everyone is also your guru. Only a true enlightened personality would say that. Since then my mind opened up to all around. I gained a lot of Anand every day. I am so blessed. Hari Om Tat Sat!

Bihari Intwala
Columbia, South Carolina

APPRECIATIONS

WHAT A LIGHT!

Dear Gurudev,

Thank you for guiding the way with your glorious smile and laughter, for the gentleness with which you turn the pages of Holy Scripture.

What a light!!

In adoration to you, precious Guru, I bow at your lotus feet and wish you a Happy 90th Birthday!!

Sri Devaraj

Miami, Florida

IMMENSE GRACE

Shri Param Pujya Gurudev
Om Tat Sat!

On this auspicious occasion of your 90th birthday, we offer our *sashtang pranams* and sincere adorations unto your Holly Feet. We pray to Shri Rama for your continued good health guiding all of us on the spiritual path for years to come.

Since last few years we attended the Mother Worship and Vijaya Dashami celebrations at the ashram. At home we regularly chant Durga Saptashati but never understood the meaning until we listened to Your lectures explaining the Glory of Divine Mother, mysticism and the spiritual meaning in a very simplified way. The online videos on Gita, Yoga Vasistha, Ramayana and Guided Meditation are very inspiring and make us feel connected with our beloved Guru when we are not there physically.

Gurudev, we thank you deeply for your continuous guidance, divine blessings, spiritual teachings, enormous love and immense grace.

With deepest gratitude and *koti pranams*

Chandrakant and Bharti
Kendell Park, New Jersey

RAREST AND FINEST GEM

Our Beloved

*Swami Jyotirmayanandaji—
Rarest and finest Gem
from the treasure house of Poojya
Gurudev Sivananda Baba*

*from the foothills of Himalaya
Mountains*

*from the flowing waters of
Mother River Ganges*

*from the Holy grounds
of Rishikesh*

A boon to us all, showering grace, enlightening us with the scintillating light of wisdom, empowering us with the perfect presence of *Brahman* in this Physical form, The All-Knowing Limitless *Atma*

*Poojya Swamiji—
the SUN in our Universe,
ever so lovingly and gently,
patiently and humorously
nurturing us to the truth of SELF
(Scintillating, Effulgent,
Loving Force).*

My prayers from the core of the being for this most auspicious day to be filled with the choicest Blessings and Glittering showers of Poojya Sivananda Baba's Grace forever and ever to Bless our Gurudev with Health, Love and Light !!

Koti Koti Pranam and HAPPY-HAPPY Birthday.

Infinite Love & Eternal Gratitude
Swamiji

Patel sisters

Atlanta, Georgia

ON WINGS OF LOVE

With gentle words you opened my eyes to clear vision, dispelled the clouds of delusion. Like the warm rays of the sun you dissolved the clouds of confusion.

Every word that you say has power and profound meaning and resonates in my life day by day.

You planted the seed of the most beautiful tree of aspiration for moksha.

Its root is wisdom, its branches effort and its many leaves divine qualities.

You carry us to the heights of spiritual attainments on wings of love.

And you are forever seeded in the lotus of my heart.

With much gratitude and love I wish you a very happy birthday.

Pratibha

Newport News, Virginia

OUR SPIRITUAL GUIDE

Param Pujya Swamiji,

Thousand adorations and well wishes on your 90th birthday.

You have been our spiritual guide in this relative world of time and space, where everything is temporary. Your lessons through the *Yoga Guide* and *Satsanga* lectures on Yoga Vasistha and Bhagavad Gita help us keep our sanity and promote our focus on eternal truth.

Million thanks for your continued guidance.

Hari Om Tat Sat!

Pradip Shah

Melville, New York

DANCING UNDER THE RAIN

Hari Om Tat Sat SwamiJi!

On this auspicious day, it is with a heart full of emotions and immense gratitude for the opportunity to honor you that I express my wishes on your 90th birthday, Veered Guru.

On this occasion, I will take the quote from the Roman philosopher S  n  que that says: "Life is not about waiting for the thunders to pass; it is about learning how to dance under the rain."

Indeed SwamiJi, thru your continuous lectures, tweets and many publications you have equipped us with all the necessary tools (prayers, meditation, concentration, *pranayama*, inquiry, *asana*, reflection and more) to learn how to dance under the rain and more importantly how to navigate thru this challenging time presented to us with faith and Divine Surrender.

SwamiJi, your teachings have been the guiding light illuminating my path and supporting my journey on pursuing the ultimate goal.

Today it is with a joyful heart that I bow at your feet to wish you a healthy New Year on your 90th birthday!

Your humbled devotee,
Maheshwari Devi
Homestead, Florida

YOUR WONDERFUL GIFT

When I returned to swamiji's teachings after an absence of many years, I was not a happy person. Life had dealt me a seemingly perplexing series of humiliations, unkindnesses and (what seemed to me to be) downright "treacheries" on the part of both friends and relatives. On top of this, I felt that I was regarded by family and people in general as more or less a kind of a "loser," which stung my ambitious nature very deeply.

Imagine the joy that I slowly but surely began to feel as I read and pondered Swamiji's teachings with a



deeply humbled heart! Perhaps I was not really a "loser after all! Perhaps no one could ever possibly be one? Perhaps the family and friends that I felt so much disdain for were only temporary and I should be grateful rather than angry with them for hurting my feelings? Tears come to my eyes now, tears of gratitude not frustration or anger, tears of deep felt appreciation for the wonderful gift of Swamiji's consistently kind and generous written and spoken words.

I no longer fear old age or see aging as dreadful occurrence. I instead look forward to facing the challenges of my future with Swamiji's fine example of grace, kindness and persistent hard work.

Thank you and Best Wishes to You ALL,

Victoria Wooden (Kalyani)
San Francisco, California

NECTAR OF WISDOM

Param Poojya Swami ji,
Wishing you a Very Happy 90th birthday!! May God give you a long and healthy life so your disciples continue to be blessed with your guidance and the nectar of your wisdom and love.

Swami Adyananda Saraswati
and his disciples,
Amulya and Estefania Tyagi

ARLAND OF

on the celebration of Gurudev's 90th birthday

SAVIOUR OF DERAILED SOULS

I adore the STANDING BLESSINGS of our VARAD HASTA DANI & PATIT TARAN CHARAN of our most beloved Swamiji! May His PAWAN KAYA stay with great health & ever present Vibrant energy! May He perform His Guru LEELA of this Avatar with Shri KRISHNA's age!

Love you, have been always amazed & awed... somewhat dehypnotized...at times in your DIVINE presence...from the hypnosis of this changing world !

O Savior of the derailed souls, do I have the chance to be repaired in this very life?!

Please Bless me with your sacred Aakaran kripa Gaze to purify my faded unworthy cycles of Karma!

OGuru Mata of COMPASSION: I must remind you of The Eternal Proclamation of Jagat Guru Shankaracharya:

"Kuputro Jayet, Kwachidapi Kumata Na Bhavati"!!!

The Ball (the muddy moody me) is in your DIVINE Court!

TRAHIMAMSHARNAGATAM!!!

Arunima Sinha
Columbia, SC



APPRECIATIONS



**THE ANCHOR THAT
STEADIES MY LIFE**

GARLAND OF WISHES

“Guruh Eko Jagat Sarvam Brahma Vishnu Sivatmakam, Guruh Parataram Nasti Tasmai Sri Gurave Namah”

Om Namo Bhagavate Sivanandaya! Om Namo Bhagavate Jyotir-mayanandaya!

Humble Adorations and Prostrations unto The lotus Feet of Guru Bhagwan. On this sacred occasion of 90th Janma Mahotsav of His Holiness, I feel blessed to offer my garland of wishes at the Holy feet of His Holiness.

In our Glorious Sanatan Culture, “*Sahasra Chandra Darshanam*” is treated as a hall mark of the life on the Earthly Plane. In one year one comes across or one has the *darshan* of Twelve Full Moons or (*Poornima*). Our worshipful Swamijee Maharaj’s 90th divine advent day this year commemorates (90X12=1080) full moon *darshans* in His Holiness’s earthly plane, which commemorates the sacred occasion of “*Sahasra Chandra Darshanam*.”

Guru is the embodiments of “*Poornata*.” The devotees and disciples strive and by the grace of Guru and through guided *sadhana* strive to attain towards *Poornata* and strive to realize the “*Poorna Swaroop*” of one’s true Identity or *Swaroop*.

Worshipful Guru Bhagwan ever reminds us about that “*Poornata*” in the beginning of all his lecturers citing the following Vedic Mantra:

“Om Poornamadah Poornamidam Poornat Poornamudachyate

Poornasya Poornamadaya Poornameba avasishyate”

The reflection of full moon is prominent and clear when the ripples of a river or pond is serene. In tides and ripples, the reflection of the full moon is not prominent.

Similarly in a serene mind and heart, the full moon or *Poorna swaroop* in the form of Guru’s grace is realized.

Worshipful guru Bhagawan has given every guidance to us and to mankind about how to get this serene mind and a heart filled with divine virtues through his lectures, *satsangs* and books. Guru Bhagwan’s *Mysteries of the Mind* and Param Guru Bhagwan Sivanandaji Maharaj’s *Mind: Its Mysteries and Control* are the pathways of sure-shot practical guidance for this.

May we practice this and walk on the path shown by him, and with the serene mind and divine-virtuous heart, may we Realize the *Poorna Swaroop* and *Poorna Guru kripa*. This is my sincere prayers and wishes on this auspicious occasion.

My Fervent Prayers to Lord Jagannath and Lord Viswanath to grant an excellent health and a Vedic age of Life to Most Worshipful Swamijee Maharaj.

Shastanga Pranams at Thy Lotus Feet. Thine, obediently,
Sri Diptimaya Dash
Bhadra Jr. College,
Odisha, India

A TIMELESS MESSAGE

Thousands upon thousands of thanks to you, Swamiji, for continually helping me to notice my directions. Your subtle presence is always showing me something right or wrong in my thoughts and actions. Your writings and talks have a timeless message that I need to hear over and over again. The beautiful devotees that surround you are a living proof of God’s goodness. I feel so blessed.

Love,
Narayan
Portland, Oregon

My Divine Guru,

I want to wish you a very Happy Birthday and pray that Bhagawan showers his choicest blessings upon you a thousand-fold! May you be blessed with good health and life for as long as you choose to share this earthly realm with your devotees.

With folded hands I offer my gratitude for your Grace and for the Grace of the teachings. You are the Sun that shines in this mala-filled, cracked, and contaminated pot of water. You have accepted me as your disciple and beautified my life in innumerable ways with your Divine Radiance and Love. It is through your mercy alone that I can see that which obstructs the Light and that which must be removed. For this, words will not suffice to express my gratitude. My infinite thanks to you Swamiji!

You are the anchor that steadies the vessel of my life in the midst of gale force winds and turbulent waters Gurudev. Regardless of what life may present, the echoes of “The moon shines brighter when it emerges from a dark cloud,” or “Develop the art of viewing life like a mountain-climber” resonate with such force, I can do nothing but bow my head and offer praises at your lotus-feet. Your profound words of wisdom have become my source of strength, serenity, and steadfastness. O Divine One, I pray on behalf of all your disciples and devotees that your Spark of Splendor illumines our lives today, and continues to do so for all time.

I love you Swamiji. Thank you and a very Happy 90th Birthday to you! May God bless you!

Anant
Miami, Florida